

2022 SUMMER ATHLETICS & ACTIVITIES CAMPS



Dedicated to Excellence
Cherry Creek Schools

CHERRY CREEK SCHOOLS 2022 SUMMER ATHLETICS & ACTIVITIES CAMPS

CHERRY CREEK HIGH SCHOOL SUMMER CAMPS

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CCHS ACTING CAMP

Program Description: During this week-long intensive, students will get the opportunity to study various scripts and scene-work. Students will learn how to analyze various scripts and make captivating choices that will continue to progress their acting performance process. The camp will feature a small capstone performance that features various scene work explored throughout the week. Students will learn from Cherry Creek High School Theater Director, Alex Burkart, and advanced students in Cherry Creek High School Theater.



Open to: Rising 7th-9th Graders	Cost: \$200
Dates: June 6th-10th, 2022	Staff: Alex Burkart
Time: 9:00 am-12:00 pm	
Location: CCHS Fine Arts Building	Contact: Alex Burkart,
Registration: MileHighSportsCamps.com	aburkart@cherrycreekschools.org

► *Students can also participate in the afternoon musical theatre camp for a full day experience.*

CCHS MUSICAL THEATER CAMP

Program Description: During this week-long intensive, students will get the opportunity to explore musical theater ensemble and scene work. Students will learn to analyze songs foractable moments, improve musical theater musicality, and practice performing choreography. The camp will feature a small capstone performance that features a musical theater number. Audition-based solo opportunities may be available for interested students. Students will learn from Cherry Creek High School Theater Teacher, Alex Burkart; Choir Teachers, Sarah Harrison and Adam Cave; and various advanced students involved with Cherry Creek High School Theater.



Open to: Rising 7th-9th Graders	Cost: \$200
Dates: June 6th-10th, 2022	Staff: Alex Burkart, Adam Cave, Sarah Harrison
Time: 12:30-3:30 pm	
Location: CCHS Fine Arts Building	Contact: Alex Burkart,
Registration: MileHighSportsCamps.com	aburkart@cherrycreekschools.org

► *Students can also participate in the morning choir or acting camp for a full day experience.*

CCHS HIGH SCHOOL CHOIR CAMP

Program Description: Join us for a week of fun, singing, and music! The summer Middle School Choir Camp is open to all rising 6th-9th graders who are interested in singing. We will spend each day gaining confidence with our voices as we explore different types of music from all over the world. Each day will be split into small group and full ensemble instruction taught by the current choir directors at Cherry Creek High School, Adam Cave and Sarah Harrison. The directors will be assisted by current CCHS choir students. The week will culminate in an informal performance that parents are invited to attend. This camp is perfect for anyone who wishes to become a better singer and is a perfect pairing for anyone also interested in musical theater. No prior experience necessary.



Open to: Rising 6th-9th Graders	Cost: \$200
Dates: June 6th-10th, 2022	Staff: Sarah Harrison, Adam Cave
Time: 9:00 am-12:00 pm	Contact: Adam Cave
Location: CCHS Fine Arts Building	acave@cherrycreekschools.org
Registration: MileHighSportsCamps.com	Sarah Harrison
	sharrison7@cherrycreekschools.org

► *Students can also participate in the afternoon musical theatre camp for a fully day experience.*

CHERRY CREEK HIGH SCHOOL

CCHS HIGH SCHOOL BAND CAMP

Program Description: The summer Middle School Band Camp is open to all current 6-8 grade band students at Campus MS and West MS. Each day students will learn from professional musicians and educators through masterclasses on their instrument, participate in sectionals where they learn exciting music, and engage in full ensemble rehearsals culminating in a performance on the final day of the camp. Students will work with Cherry Creek HS band teachers Tim Libby and Jessica Vaughn, Cherry Creek MS band teachers Craig Westwood and John Kempself, additional professional musicians, and high school leaders. This camp is a great opportunity for students to continue developing their instrument skills and to have fun making music this summer.



Open to: Rising 7th-9th Grade with Previous Band Experience	Cost: \$200
Dates: June 6th-10th, 2022	Staff: Tim Libby, Jessica Vaughn, Craig Westwood, John Kempself
Time: 9:00 am-12:00 pm	Contact: Tim Libby tlibby@cherrycreekschools.org Jessica Vaughn jvaughn3@cherrycreekschools.org
Location: CCHS Fine Arts Building	
Registration: MileHighSportsCamps.com	

CCHS GIRLS MIDDLE SCHOOL VOLLEYBALL CAMP #1

Program Description: This camp is designed to introduce you to the skills and techniques used throughout the Cherry Creek Girls Volleyball program.



Open to: 2022-2023 8th and 9th Graders	Cost: \$75
Dates: June 1st, 2nd, and 3rd, 2022	Staff: Steve Huntingdale - Head Coach Tyson Allen, Joan Dalton, Cara Quayle, Jill Carlson - Assistants Varsity Players
Time: 9:00 am-11:00 am	Contact: Steve Huntingdale shuntingdale@cherrycreekschools.org
Location: CCHS East Gym	
Registration: MileHighSportsCamps.com	

CCHS GIRLS MIDDLE SCHOOL VOLLEYBALL CAMP #2

Program Description: This camp is designed to introduce you to the skills and techniques used throughout the Cherry Creek Girls Volleyball program.



Open to: 2022-2023 6th and 7th Graders	Cost: \$75
Dates: June 1st, 2nd, and 3rd, 2022	Staff: Steve Huntingdale - Head Coach Tyson Allen, Joan Dalton, Cara Quayle, Jill Carlson - Assistants Varsity Players
Time: 11:30 am-1:30 pm	Contact: Steve Huntingdale shuntingdale@cherrycreekschools.org
Location: CCHS East Gym	
Registration: MileHighSportsCamps.com	

CHERRY CREEK HIGH SCHOOL

CCHS GIRLS PRE-SEASON VOLLEYBALL CAMP

Program Description: This camp is designed to introduce and improve the techniques and systems used at all levels in the Cherry Creek Girls Program as you head into tryouts Aug 8-10.



Open to: 2022-2023 9th, 10th, 11th, and 12th Graders	Cost: \$150
Dates: August 1st-5th, 2022	Staff: Steve Huntingdale - Head Coach Tyson Allen, Joan Dalton, Cara Quayle, Jill Carlson - Assistants Varsity Players
Time: 12:00-3:00 pm 10th, 11th, 12th Graders, 1:30-4:30 pm	Contact: Steve Huntingdale shuntingdale@cherrycreekschools.org
Location: CCHS North and South Gyms	
Registration: MileHighSportsCamps.com	

CCHS JR. POMS SUMMER CAMP

Program Description: Come dance with the National Champion Cherry Creek Poms! Camp includes technique and dance instruction from Creek Poms members and coaches, crafts and games, and a performance for friends and families - including performances by Varsity, JV, and FR Poms teams! With registration, your Jr Pom will receive special Poms and a T-shirt! Camp will be split into groups by age: K-1, 2-3, 4-5 and Advanced 6-8th grade with 2+ years of experience. Light snacks will be provided. Please bring a water bottle and wear dance or athletic clothing and shoes. ADV Jr Poms - please also bring a packed lunch, tennis shoes and dance shoes.



Open to: Grades K-5th and Advanced 6th-8th	Cost: \$115 / \$330
Dates: May 31st-June 2nd, 2022	Staff: Cherry Creek Poms and Coaching Staff
Time: Jr Poms (K-5th) 5/31 - 9:00 am-11:00 am 6/1 - 9:00 am-11:00 am 6/2 - 9:00 am-11:00 am ADV (6th-8th) 5/31 - 9:00 am-1:00 pm 6/1 - 9:00 am-1:00 pm 6/2 - 9:00 am-11:00 am SHOWCASE (K-8th + VA/JV/FR Poms) 6/2 - 11:00 am-11:30 am	Contact: cherrycreekpombooster@gmail.com
Location: Jr Poms (K-5th) - CMS Large Gym ADV (6th-8th) - CMS Small Gym	
Registration: MileHighSportsCamps.com	

CHERRY CREEK HIGH SCHOOL

CCHS BOYS ELEMENTARY SCHOOL BASKETBALL CAMP

Program Description: Campers will be taught the fundamentals of basketball including ball handling, shooting, footwork, and defense. These concepts will be instructed by coaches and demonstrated using players from the high school program. Learned concepts will be positively reinforced during drills, game play, and fun competitions. Camp staff strives to provide a fun and safe basketball learning environment. Campers will need to bring their own water bottle and a snack if desired.



Open to: Rising 2nd-6th Graders	Cost: \$175
Dates: Monday, June 6th-Thursdays, June 9th, 2022	Staff: Kent Dertinger - CC Boys Head Coach Alex Schnaidt - CC Boys Assistant Coach and Co-Director of Pro Skills Basketball Players and Coaches from the CC Basketball Program.
Time: 9:00 am-12:00 pm	Contact: Kent Dertinger, kdertinger@cherrycreekschools.org Alex Schnaidt alex@proskillsbasketball.com
Location: West Middle School	
Registration: MileHighSportsCamps.com	

► *Every Player attending camp will receive a camp t-shirt and basketball.*

CCHS BOYS MIDDLE SCHOOL BASKETBALL CAMP

Program Description: Campers will continue to focus on the fundamentals of basketball including ball handling, shooting, footwork, and defense. These concepts will be instructed by coaches and demonstrated using players from the high school program. Learned concepts will be applied and positively reinforced during drills, game play, and fun competitions. Campers will be taught offensive and defensive strategies that can be applied in transition situations as well as in the half court. Camp staff strives to provide a fun and safe basketball learning environment. Campers will need to bring their own water bottle and a snack if desired.



Open to: Rising 7th-9th Graders	Cost: \$200
Dates: Monday, June 13th-Thursdays, June 16th, 2022	Staff: Creek Basketball Coaches
Time: 9:00 am-1:00 pm	Contact: Kent Dertinger, kdertinger@cherrycreekschools.org Alex Schnaidt alex@proskillsbasketball.com
Location: West Middle School	
Registration: MileHighSportsCamps.com	

► *Every Player attending camp will receive a camp t-shirt and basketball.*

CCHS GIRLS ELEMENTARY BASKETBALL CAMP

Program Description: The goal of Cherry Creek Girls basketball camp is to provide a complete, focused basketball experience emphasizing fundamentals and skill development to help players reach their full potential. Participants will benefit from our energetic coaching, competitive environment, and individual instruction. We want you to leave our camp a better basketball player while also having a ton of fun! Each session of camp is designed to provide the best possible experience for campers based on their age and skill level.



Open to: K-5th Grade	Cost: \$120
Dates: June 6th-9th, 2022	Staff: Cherry Creek Coaches and Players
Time: 12:30-2:30 pm	Contact: Coach Clint Evans cevens22@cherrycreekschools.org
Location: Campus Middle School	
Registration: MileHighSportsCamps.com	

► *Campers will receive a t-shirt.*

► *Campers should bring a water bottle and a basketball.*

CHERRY CREEK HIGH SCHOOL

CCHS GIRLS MIDDLE SCHOOL BASKETBALL CAMP

Program Description: The goal of Cherry Creek Girls basketball camp is to provide a complete, focused basketball experience emphasizing fundamentals and skill development to help players reach their full potential. Participants will benefit from our energetic coaching, competitive environment, and individual instruction. We want you to leave our camp a better basketball player while also having a ton of fun! Each session of camp is designed to provide the best possible experience for campers based on their age and skill level.



Open to: 6th-8th Grade	Cost: \$120
Dates: June 6th-9th, 2022	Staff: Cherry Creek Coaches and Players
Time: 2:30-4:30 pm	Contact: Coach Clint Evans cevens22@cherrycreekschools.org
Location: Campus Middle School	
Registration: MileHighSportsCamps.com	

- ▶ *Campers will receive a t-shirt.*
- ▶ *Campers should bring a water bottle and a basketball.*

CCHS PRE-SEASON SOCCER CAMP

Program Description: In our Preseason Soccer Camp, players will focus on technical skill development and soccer condition to propel our players into our fall soccer season. Each participant will receive a shirt at the end of the soccer camp.



Soccer Conditioning

- **SPEED:** Players will work to execute a movement or cover a distance in the shortest time possible.
- **AGILITY:** Players will work to change speed with or without the ball at high pace, depending on external conditions.
- **ENDURANCE:** Players will train to be resilient to high-intensity action.
- **STRENGTH & POWER:** Player will work to develop their speed more quickly, prevent injuries and are more competitive in games.

TECHNICAL Skill Development

Players will work on the foundational elements of strong technical skills, including passing and receiving with both feet, receiving with different body parts, ball control along with turning, crossing, and shooting.

Benefits

- Comparing your soccer fitness level to how to be prepare for the soccer seasons
- Raising your level of fitness to that of the soccer level.
- Gaining advantage on opponents whose fitness levels are not as high.
- Increase your soccer technical skill level

Soccer is a running sport combining both Aerobic and Anaerobic Endurance. This soccer camp focuses on both developing the Aerobic and Anaerobic thresholds as well as building Speed and Muscular Endurance.

Open to: 8th-12th Graders	Cost: \$165
Dates: August 1st-5th, 2022	Staff: CCHS Coaching Staff
Time: 4:00-6:00 pm	Contact: Wilmer Barrera wbarrera2@cherrycreekschools.org Cell: 720-366-2493
Location: Cherry Creek HS @ GV	
Registration: MileHighSportsCamps.com	

CHERRY CREEK HIGH SCHOOL

CCHS MIDDLE SCHOOL SOCCER CAMP

Program Description: Cherry Creek High School soccer coaches and varsity players are conducting a middle school soccer camp for 6th-8th grades. The cost is \$165 (scholarships are available). The camp includes conditioning, teaching individual drills and fundamentals. Coaches and varsity players will lead instruction. Each participant will receive a shirt. Please fill out your information @ milehighsportscamps.com



Open to: 6th-8th Grade	Cost: \$165
Dates: May 31st-June 1, 2, and 3, 2022	Staff: CCHS Coaching Staff
Time: 10:00 am-12:00 pm	Contact: Wilmer Barrera - Cell: 720 366-2493 wbarrera2@cherrycreekschools.org
Location: Greenwood Village	
Registration: MileHighSportsCamps.com	

► *All campers will receive a t-shirt.*

CCHS CHEERLEADING CAMP

Program Description: Cherry Creek High School Cheerleading.



Open to: Ages 4-13 (Must be potty trained)	Cost: \$120 for both days
Dates: June 6th & 7th, 2022	Staff: CCHS Cheer Coaches
Time: 9:00 am-3:00 pm	Contact: Bailee Westbrook: 303.519.8844 jvcherrycreekcheerleading@gmail.com
Location: CCHS East Gym	
Registration: MileHighSportsCamps.com	

► *We will provide lunch, snacks and a shirt for all registered participants.*

CCHS ADVANCED FITNESS CAMP

Program Description: An athletic based performance camp that is based on sound physiological principles and innovative techniques while emphasizing speed, conditioning, strength, and flexibility. This hands-on training will teach proper, age appropriate, weight-lifting techniques while enhancing athletic movements. Space is limited. Sign up now!



Open to: All student-athletes, 5th-8th grade during the 2022-2023 school year	Staff: Det Betti: CCHS Advanced Fitness Instructor/Football Coach Brynn Thomas: CCHS Asst. Athletic Director/Dean of Students Kevin Uhlig: CCHS Assistant Principal
Dates: June 7th-July 28th, Tuesdays & Thursdays No sessions the week of July 11th-15th	
Time: 8-9:30 am 5th & 6th grade as of Fall 2022 9:30-11 am 7th & 8th grade as of Fall 2022	Contact: Det Betti: 720-554-2413 bbetti@cherrycreekschools.org Brynn Thomas: 720-554-2328 bthomas22@cherrycreekschools.org Kevin Uhlig: 720-554-2222 kuhlig@cherrycreekschools.org
Location: Bruin Turf Field & Campus Middle School Weight Room	
Cost: \$200	
Registration: MileHighSportsCamps.com	

► *Required dress is t-shirt, shorts & tennis shoes. Bring a water bottle. Student-athletes will check in at the west entrance to the Bruin Turf Field.*

► *Cherry Creek High School west building will be CLOSED for the 2022 summer due to construction therefore the high school weight room will be unavailable.*

CHERRY CREEK HIGH SCHOOL

CCHS BOYS GOLF CAMP SEASON #1

Program Description: This camp is organized into three different sessions based on grade level and experience. Session 1 is designed for middle school golfers that would like to develop the fundamentals of putting, chipping, and driving the golf ball. Session 2 is designed for all incoming 9th graders and 10th-12th graders that are new to CCHS looking to tryout for the team in August. Session 3 is for all returning Developmental, JV, & Varsity players from 2021 that plan on trying out again in August. Players will meet CCHS coaches at 7am on putting green at Family Sports Golf Course. Players should have their own golf clubs as well.



Open to: Grades 6th-8th	Cost: \$140 (includes balls)
Dates: June 6th-9th, 2022	Staff: Cherry Creek Boys' Golf Coaching Staff
Time: 7:00-9:00 am, M-Thurs.	Contact: Dustin Neel dneel@cherrycreekschools.org
Location: Family Sports Golf Course	
Registration: MileHighSportsCamps.com	

CCHS BOYS GOLF CAMP SEASON #2

Program Description: This camp is organized into three different sessions based on grade level and experience. Session 1 is designed for middle school golfers that would like to develop the fundamentals of putting, chipping, and driving the golf ball. Session 2 is designed for all incoming 9th graders and 10th-12th graders that are new to CCHS looking to tryout for the team in August. Session 3 is for all returning Developmental, JV, & Varsity players from 2021 that plan on trying out again in August. Players will meet CCHS coaches at 7am on putting green at Family Sports Golf Course. Players should have their own golf clubs as well.



Open to: Incoming 9th Graders or New 10th-12th graders to CCHS	Cost: \$140 (includes balls)
Dates: June 13th-16th, 2022	Staff: Cherry Creek Boys' Golf Coaching Staff
Time: 7:00-9:00 am, M-Thurs.	Contact: Dustin Neel dneel@cherrycreekschools.org
Location: Family Sports Golf Course	
Registration: MileHighSportsCamps.com	

CCHS BOYS GOLF CAMP SEASON #3

Program Description: This camp is organized into three different sessions based on grade level and experience. Session 1 is designed for middle school golfers that would like to develop the fundamentals of putting, chipping, and driving the golf ball. Session 2 is designed for all incoming 9th graders and 10th-12th graders that are new to CCHS looking to tryout for the team in August. Session 3 is for all returning Developmental, JV, & Varsity players from 2021 that plan on trying out again in August. Players will meet CCHS coaches at 7am on putting green at Family Sports Golf Course. Players should have their own golf clubs as well.



Open to: Returning CCHS Players from 2021	Cost: \$140 (includes balls)
Dates: June 20th-23rd, 2022	Staff: Cherry Creek Boys' Golf Coaching Staff
Time: 7:00-9:00 am, M-Thurs.	Contact: Dustin Neel dneel@cherrycreekschools.org
Location: Family Sports Golf Course	
Registration: MileHighSportsCamps.com	

CHERRY CREEK HIGH SCHOOL

CCHS CROSS COUNTRY YOUTH CAMP

Program Description: This camp is designed to introduce younger athletes to running, strengthening, form, and nutrition. We will do some running, but also play games and talk about the mental aspect of running as well. It is open to ages 8 – 12. All ability levels are welcome.



Open to: Ages 8-12	Cost: \$60 per session or \$100 for both
Dates: Session 1: June 13th-17th, 2022 Session 2: July 18th-22nd, 2022	Staff: Head XC Coach Ethan Dusto and staff
Time: 9:30-10:30 am	Contact: Ethan Dusto, Head Cross Country Coach edusto@cherrycreekschools.org
Location: Village Greens Park	
Registration: MileHighSportsCamps.com	

CCHS CROSS COUNTRY CAMP

Program Description: This camp is designed to help athletes to prepare for the fall XC season. The camp focuses on endurance training, strengthening, form, and nutrition. It is open to ages 12 and up. All ability levels are welcome.



Open to: Ages 8-12	Cost: \$100 per session (includes t-shirt)
Dates: Session 1: June 6th-30th, 2022 Session 2: July 11th- Aug. 4th, 2022	Staff: Head XC Coach Ethan Dusto and staff
Time: 7:30-9:15 am, M-Th	Contact: Ethan Dusto, Head Cross Country Coach edusto@cherrycreekschools.org
Location: Village Greens Park	
Registration: MileHighSportsCamps.com	

► *If you register for both sessions, the price is only \$180 (only 1 t-shirt though)*

CCHS GIRLS FIELD HOCKEY PRE-SEASON CAMP

Program Description: This is a high intensity (but FUN!) camp to get CCFH players ready for tryouts. This camp will include individualized coaching, scrimmages, team building activities, and fitness. We will break up the camp into skill level to ensure all athletes get proper and accelerated coaching. This is the final stretch before tryouts and will help get the girls focused before season.



Open to: Incoming High Schoolers	Cost: \$100
Dates: Aug. 3rd, 4th & 5th, 2022	Staff: CCFH Coaching Staff
Time: 5:00-7:30 pm	Contact: cchsbruinsfieldhockey@gmail.com
Location: Stutler Bowl at Cherry Creek High School	
Registration: MileHighSportsCamps.com	

CHERRY CREEK HIGH SCHOOL

CCHS RETURNING PLAYER FIELD HOCKEY KICK OFF SESSION CAMP

Program Description: Come meet your new coaches! This is a kickoff skills and fitness session to prep retraining players for the summer. We will review fitness, footwork, and skills that players can practice to prep for tryouts, preaseason, and season. THIS IS OPEN TO ALL RETURNING PLAYERS ON ANY TEAM. Let's get the '22 season started!



Open to: Only Returning High School Players	Cost: \$15
Dates: Tuesday, June 31st, 2022	Staff: CCFH Coaching Staff
Time: 5:30-7:00 pm	Contact: cchsbruinsfieldhockey@gmail.com
Location: Stutler Bowl at Cherry Creek High School	
Registration: MileHighSportsCamps.com	

CCHS MIDDLE SCHOOL FIELD HOCKEY CLINIC

Program Description: This camp is open to middle schoolers, (6th, 7th, 8th) grade athletes. The Middle School Camp will focus on developing fundamental skills for beginners. We will review rules, rule changes, hitting, passing, footwork, and positioning. It will be coached by the Cherry Creek High School field hockey coaches. Sticks will be provided, but please come with shin guards and a mouth guard. All kids will receive a CC Field Hockey T-shirt!



Open to: Middle Schoolers, (6th, 7th, 8th) Graders	Cost: \$15
Dates: May 15th, 2022	Staff: CCFH Coaching Staff
Time: 10:00 am-12:00 pm	Contact: cchsbruinsfieldhockey@gmail.com
Location: Stutler Bowl at Cherry Creek High School	
Registration: MileHighSportsCamps.com	

CCHS HIGH SCHOOL FIELD HOCKEY DROP-INS JUNE

Program Description: High School Drop Ins are open to all incoming high school field hockey athletes. The program includes nine 2 hour sessions. These sessions will focus on skill and fitness. Each session will focus on a different skill (Footwork, Hitting, Passing, Shooting, Defending, etc) and will include a scrimmage. This is a perfect way to keep up your fitness and improve your field hockey skill over the summer. Gear up for preaseason with your teammates this summer at drop ins!



Open to: ONLY HIGH SCHOOL	Cost: \$150
Dates: Thurs - June 2nd, 9th, 16th, 23rd, & 30th, 2022 Tues - June 7th, 14th, 21st, & 28th, 2022	Staff: CCFH Coaching Staff
Time: Thurs - 5:30-7:30 pm Tues - 9:00-11:00 am	Contact: cchsbruinsfieldhockey@gmail.com
Location: Stutler Bowl at Cherry Creek High School	
Registration: MileHighSportsCamps.com	

CHERRY CREEK HIGH SCHOOL

CCHS HIGH SCHOOL FIELD HOCKEY DROP-INS JULY

Program Description: High School Drop Ins are open to all incoming high school field hockey athletes. The program includes eight 2 hour sessions. These sessions will focus on skill and fitness. Each session will focus on a different skill (Footwork, Hitting, Passing, Shooting, Defending, etc) and will include a scrimmage. This is a perfect way to keep up your fitness and improve your field hockey skill over the summer. Gear up for pre-season with your teammates this summer at drop ins!



Open to: ONLY HIGH SCHOOL	Cost: \$150
Dates: Tues - July 5th, 12th, 19th, & 26th, 2022 Thurs - July 7th, 14th, 21st, & 28th, 2022	Staff: CCFH Coaching Staff
Time: Tues - 9:00-11:00 am Thurs - 5:30-7:30 pm	Contact: cchsbruinsfieldhockey@gmail.com
Location: Stutler Bowl at Cherry Creek High School	
Registration: MileHighSportsCamps.com	

CCHS BOYS TENNIS CAMP

Program Description: These Camps are open to any and all future high school tennis players who are looking to elevate their games to the next level and achieve their goals. This program is comprised of three parts: a Monday Match Day of both singles and doubles match play; a regular Weekly Camps Program that will take place Tuesday-Friday; and a Super Saturday program. The Monday Match Day will have singles matches that take place in the morning, and a Top Dog doubles program in the afternoon. The Weekly Camps are instructional and live-play oriented, and are designed to provide players with the necessary tools to compete at a high school level. The Super Saturdays will comprise both a camp session and a Top Dog Doubles program. For further detail or questions about these programs, please contact Coach Ben Schlichting at schlichb@hotmail.com



TENNIS

Open to: Middle and High School Players	Cost: Morning Singles match play: 9:00 am-12:00 pm; Top Dog doubles: 1:00-4:00 pm Singles price: 31\$/day, 4-day package: 66\$ Top Dog: 46\$/day, 4-day package: 116\$, 8 day package 176\$
Dates: WEEK 1 - (3 days) - Wed., June 1st-Fri., June 3rd WEEK 2 - (4 days) - Tue., June 7th-Fri., June 10th WEEK 3 - Tue., June 14th-Fri., June 17th WEEK 4 - Tue., June 21st-Fri., June 24th WEEK 5 - Tue., June 28th-Fri., July 1st WEEK 6 - Tue., July 5th-Fri., July 8th WEEK 7 - Tue., July 12th-Fri., July 16th WEEK 8 - Tue., July 19th-Fri., July 22nd WEEK 9 - Tue., July 26th-Fri., July 29th WEEK 10 - Tue., August 2nd-Fri., August 5th Super Saturdays: 11-2- Drill Session (price is same as weekly drills, roll into package deals) 2:30 Top Dog slot - pricing same as above	Time: JV/Middle School camp 9-11:30 am Varsity 12-2:30 pm unless mentioned otherwise
	Location: CCHS Tennis Courts
	Staff: Art Quinn Ben Schlichting Paige Burke Michael Irwin
Registration: MileHighSportsCamps.com	Contact: Ben Schlichting schlichb@hotmail.com

1ST ANNUAL SPORTS PERFORMANCE CAMP

Program Description: This camp is designed to provide a comprehensive athletic capsule. Athletes will be tested for speed and agility by Elite Speed through uchealth. Elite Speed will be testing the following areas: Height, Weight, 10-20-40 yard sprints, Broad Jump, 3 Cone Test, & Short Shuttle Drill



A complete printout of the results will be emailed to each athlete so progress can be tracked through development and training.

Each camper will also attend three breakout sessions which will include Mental Strength with Cherry Creek legend and professional athlete Darnell McDonald. A second session will cover Nutrition with Bryan Snyder who is the Director of Nutrition for the Denver Broncos. The third session will be with Bill Pell, owner of Next Gen Athletes, and that session will discuss academics and what the overall college recruitment process looks like and will be catered to age level.

Open to: Athletes Grades Incoming 6th–12th, boys and girls	Cost: \$80
Dates: June 4th and 5th, 2022	Staff: Darnell McDonald, Elite Speed at UCHealth, Bryan Snyder, Bill Pell, Jason Wilkins AD at Cherry Creek High Brynn Thomas Assistant AD at Cherry Creek High
Time: Session 1: 8:30-10:30 am Session 2: 9:30–11:30 pick either June 4 or 5	Contact: Jason Wilkins info@MileHighSportsCamps.com
Location: Stutler Bowl at Cherry Creek High School	
Registration: MileHighSportsCamps.com	

CHEROKEE TRAIL HIGH SCHOOL

CTHS FOOTBALL CAMP

PROGRAM DESCRIPTION: Be a part of the newfound football era at Cherokee Trail High School! Summer lifting camp and Organized Team Activities (OTAs) are a vital part in becoming a member of the Cherokee Trail Football Family. All players will work to improve their overall strength, speed and agility during this summer camp. In addition, offensive, defensive and special teams skills and schemes will be introduced, taught and practiced.

This camp includes Summer lifting, 10 day hitting camp, OTAs and 7 on 7 events.



Open to: All High School Student-Athletes Interested in Playing Football	Cost: \$650
Dates: May 31st-July 28th, 2022	Staff: CT Football Coaches
Time: 8:00-9:30 am	
Location: CT Weight Room & Practice Fields	Contact: Justin Jajczyk, Head Coach jjajczyk8@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

CTHS YOUTH RUNNING CAMP

Program Description: This camp is intended for athletes planning to run cross country for Cherokee Trail High School in the fall of 2022. All abilities are welcome. Athletes will run on varied terrain, both on and off campus. We will utilize the surrounding streets, neighborhoods, and Aurora Reservoir. Athletes should be versed on traffic etiquette prior to joining our camp. Practices will have varied runs, intervals, strength activities, and games. Athletes should bring a personally labeled water bottle and weather appropriate clothes daily. Athletes will also need a digital wristwatch for progress monitoring. Please contact a coach with specific questions.



Open to: Incoming 9th-12th Grade CT Students	Cost: \$175
Dates: June 13th-Aug. 5th; Monday-Friday, 2022	Staff: Joshua Tate Chris Faust Eric Gutjahr Samantha Bass
Time: 7:30-9:00 am	
Location: Cherokee Trail High School; on turf outside Legacy Stadium	Contact: Josh Tate- Girls - 720.886.2072 jtate10@cherrycreekschools.org Chris Faust- Boys - 720.886.1961 jfaust2@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

CTHS WRESTLING WEIGHTS/WRESTLING CAMP

PROGRAM DESCRIPTION: Lifting will be modified for beginners and above to ensure proper technique, stretching, warm up and cool down. The wrestling opportunities will be designed to help all levels of wrestlers to include new technique, drilling and live matches.



Open to: 7th-12th Grade	Cost: \$150
Dates: Tue, May 31st-Thur, July 28th (No Lifting or Wrestling July 4th-5th)	Staff: CT Wrestling Coaches
Time: 6:50 - 8:00 for Lifting M-Thurs & 8:00 - 9:15 am Tue & Thur for Wrestling	
Location: CTHS Weight Room and Wrestling Room	Contact: Jeff Buck jbuck@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

CHEROKEE TRAIL HIGH SCHOOL

CTHS PRE-TRYOUT COUGAR TENNIS CAMP

Program Description: This camp is designed for Tennis players trying out for the JV/Varsity level. The camp will focus on match strategies, stroke production, mental/ physical conditioning, and footwork/ agility. The camp staff will be the coaching staff at Cherokee Trail. This camp is for competitive (current and future) high school tennis athletes.



Open to: Boys & Girls Grades 9th-12th	Cost: \$125
Dates: August 1st-5th, 2022	Staff: Seneca Holmes Brad Dorais Tyus Mucklebust
Time: 8:30-10:30 am	Contact: Eric Olsen-Dufour eolsen-dufour@cherrycreekschools.org
Location: Cherokee Trail High School Tennis Courts	
Registration: MileHighSportsCamps.com	

CTHS FUNDAMENTALLS VOLLEYBALL CAMP

PROGRAM DESCRIPTION: This Fundamentals Volleyball Camp is a fun way for beginner and intermediate players to learn and improve basic volleyball techniques and skills from CT Girls Volleyball players and coaches!

These sessions will cover introductions to passing, setting, hitting, and serving techniques and will be mixed in with volleyball gameplay as well.

These camps are always popular and fun, so sign up to claim your spot right away!



Open to: 3rd Grade through Incoming Freshmen	Cost: \$100
Dates: August 2nd-4th, 2022	Staff: Harry Hendon, Head Coach and CT VB Staff
Time: 4:00-6:00 pm	Contact: Harry Hendon cherokeetrailgirlsvolleyball@gmail.com
Location: CT High School Gyms	
Registration: MileHighSportsCamps.com	

CTHS ADVANCED VOLLEYBALL / CONDITIONING CAMP

PROGRAM DESCRIPTION: This Advanced Skills / Conditioning Camp is a fun way for experienced, advanced players to kick off summer rust and tune up their game before the start of the high school volleyball season. This clinic will be a two-a-day format with an hour of conditioning in the early morning and skills training plus competitive gameplay in the evening. The sessions will be coached by Cherokee Trail Coaches and are a good way to experience CT training, techniques, and culture. Open to all skilled and experienced 10th through 12th graders, all others must get approval from Coach Hendon. These camps are always popular and fun, so sign up to claim your spot right away!



Open to: 10th-12th Graders	Cost: \$125
Dates: June 20th-22nd, 2022	Staff: Harry Hendon, Head Coach and CT VB Staff
Time: 6:00-7:00 am and 4:00-6:00 pm	Contact: Harry Hendon cherokeetrailgirlsvolleyball@gmail.com
Location: Cherokee Trail Auxiliary Gym	
Registration: MileHighSportsCamps.com	

CHEROKEE TRAIL HIGH SCHOOL

CTHS BOYS YOUTH SOCCER PRESEASON CAMP

Program Description: This conditioning and skills camp will be a high energy, fast paced camp designed to prepare players for the upcoming fall soccer season. We will focus on individual and team conditioning and skills with a focus on game rediness, touch and pace of play management. It will be run by our CTHS Boys Program coaches and players. Participants will be broken up by age and ability for the camp. . This camp is open to all boys and girls incoming grades 3-7. Players should bring their boots, a ball, water and running shoes.



Open to: Boys and Girls Incoming Grades 3rd-7th	Cost: \$125
Dates: July 19th-21th, 2022	Staff: Mark Hill, Head Coach and CT Soccer Staff
Time: 4:00-5:15 pm	Contact: Mark Hill: 303.667.3255
Location: CT High School Turf Field	eolsen-dufour@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

CTHS BOYS SOCCER PRESEASON CAMP

PROGRAM DESCRIPTION: This conditioning and skills camp will be a high energy, fast paced camp designed to prepare players for the upcoming fall soccer season. We will focus on individual and team conditioning and skills with a focus on game rediness, touch and pace of play management. It will be run by our CTHS Boys Program coaches with special guest coaches for both field players and Goalkeepers. This camp is open to all male athletes going into grades 8-12. Players should bring their boots, a ball, water and running shoes.



Open to: Boys Grades 8th-12th	Cost: \$125
Dates: August 2nd-4th, 2022	Staff: Mark Hill, Head Coach and CT Soccer Staff
Time: 8:00-9:30 am	Contact: Mark Hill: 303.667.3255
Location: CT High School Turf field	eolsen-dufour@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

CTHS COUGAR BARBELL CAMP

PROGRAM DESCRIPTION: Beginning and advanced principles and techniques of strength, muscle mass, and power development will be taught. This camp with be suitable for both male and female novice and advanced lifters.



Open to: 7th-12th Grade	Cost: \$225
Dates: May 30th- June 30th/ July 11th- July 28th, 2022	Staff: Sethan Bogulski, BA Sports & Exercise Science Andrew Pellegrini, C.S.C.S. & Certified Nutrition Coach
Time: Monday, Tuesday, Thursday - 9:45-11:00 am	Contact: Phone: 303.895.5933
Location: Cherokee Trail Weight Room	
Registration: MileHighSportsCamps.com	

EHS RAPTORS FOOTBALL SUMMER CAMP

Program Description: Raptors Summer Football Training is run by our entire football coaching staff with a certified NCSA Strength and Conditioning Coach to develop all necessary skills needed for a successful 2022 Season. This camp includes Spring Install, 4 days a week athletic training, 7 on 7 Tournaments, Weekly 7 on 7 Contest, Saturday OTA's, and Pre-Season Camp. Lifting will be on Monday, Tuesday, Thursday, and Friday from 8am - 10am; in observance of 4th of July there will be no activities June 29th through July 6th. Visit our website on EHS Athletics Site, Football Tab for a Calendar of Events.



Open to: EHS 10th-12th Grade Students	Cost: \$350
Dates: June 6th-August 13th, 2022	Staff: Eaglecrest Football Staff
Time: 8:00 am-10:00 am, other TBA	
Location: EHS Weight Room and Field	Contact: Mike Schmitt mschmitt2@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

► Visit our website on EHS Athletics Site, Football Tab for a Calendar of Events.

EHS RAPTORS FRESHMEN FOOTBALL SUMMER CAMP

Program Description: Raptors Freshmen Summer Football Training is run by our entire football coaching staff with a certified NCSA Strength and Conditioning Coach to develop all necessary skills needed for a successful 2022 Season. This camp includes Spring Camp and Scrimmage, 4 days a week athletic training, 7 on 7 Practice and Install, Saturday OTA's, and Pre-Season Camp. Lifting will be on Monday, Tuesday, Thursday, and Friday from 8am - 10am; in observance of 4th of July there will be no activities June 29th through July 6th. Visit our website on EHS Athletics Site, Football Tab for a Calendar of Events.



Open to: Freshmen	Cost: \$350
Dates: June 6th-August 13th, 2022	Staff: Eaglecrest Football Staff
Time: 10:00 am-12:00 pm, other TBA	Contact: Mike Schmitt mschmitt2@cherrycreekschools.org
Location: EHS Weight Room and Field	
Registration: MileHighSportsCamps.com	

► Visit our website on EHS Athletics Site, Football Tab for a Calendar of Events.

EHS BEGINNERS DISTANCE RUNNING CAMP

Program Description: The Raptor SAS camp is designed to improve strength, speed and overall athleticism. This is done by teaching proper techniques in explosive Olympic style weight training, stability and balance training, partnered with a variety of athletic movements designed for all sports. Required dress is t-shirt, shorts, and tennis shoes.



Open to: Entering Grades 2nd-5th	Cost: \$50
Dates: June 1st, 2nd & 3rd, 2022	Staff: Eaglecrest Cross country coaches
Time: 9:00 am-12:00 pm	Contact: Jaron Ming jaronming@hotmail.com
Location: ThunderRidge Middle School track	
Registration: MileHighSportsCamps.com	

► Please bring your own water bottle.

EAGLECREST HIGH SCHOOL

EHS SOCCER CAMP

Program Description: The EHS soccer programs will be hosting a joint summer camp for youth in the area. This camp will provide a well-rounded experience for students including technique, skills, and game play. Players will be challenged at their level and provided a fun, positive experience while learning from the Varstiy Head Coaches and players.



Open to: Students Entering Grades 4th-8th	Cost: \$60
Dates: July 18, 19, & 20th, 2022	Staff: Matt Best Ashley McKillips
Time: 10:00 am-12:00 pm	Contact: Matt Best amckillips@cherrycreekschools.org Ashley McKillips amckillips@cherrycreekschools.org
Location: Eaglecrest High School	
Registration: MileHighSportsCamps.com	

EHS INTERMEDIATE DISTANCE RUNNING CAMP

Program Description: This camp is for youth entering grades 6-9. The purpose of this camp is to refine and build upon the basic running skills. Previous running experience is not required. Activities include instruction in proper techniques for warming up, drills and techniques for improving running form, light conditioning, and brief lessons about healthy diet and lifestyle choices. Participants should bring proper equipment (something to drink and appropriate attire). Running shoes preferred but not required. All interested athletes of any ability are welcome. Just come with a positive attitude!



Open to: Entering Grades 6th-9th	Cost: \$75
Dates: June 7th, 8th, 9th & 10th, 2022	Staff: Eaglecrest Cross Country Coaches
Time: 9:00 am-12:00 pm	Contact: Jaron Ming jaronming@hotmail.com
Location: Thunder Ridge Middle School Track	
Registration: MileHighSportsCamps.com	

EHS STRENGTH AGILITY SPEED CAMP

Program Description: The Raptor SAS camp is designed to improve strength, speed and athleticism. By teaching proper techniques in Olympic style weight training, sprint tech movements, and plyometric training. SAS combines for the benefit of all sports.



Open to: Entering Grades 6th-9th	Cost: \$150
Dates: June 6th-July, 29th, 2022	Staff: Duke Williams Shanelle Robinson Everett Bible
Time: 11:00 am-1:00 pm, M-Thur	Contact: Duke Williams dwilliams101@cherrycreekschools.org
Location: Eaglecrest High School	
Registration: MileHighSportsCamps.com	

► **REQUIRED APPAREL:** t-shirt, shorts, and tennis shoes.

GRANDVIEW HIGH SCHOOL

GHS MIDDLE SCHOOL FIELD HOCKEY CAMP

Program Description: GHS Middle School Camp: This is a camp for middle schoolers who are interested into an introduction into the sport of field hockey! Basic stick skills and game concepts will be taught at this camp.



Open to: 6th-8th Graders	Cost: \$30
Dates: July 16th & July 17th, 2022	Staff: GHS Field Hockey Coaching Staff
Time: 9:30-11:00 am	
Location: Grandview Turf Field	Contact: Alexandra Smith asmith4@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

GHS FIELD HOCKEY CAMP

Program Description: GHS FH Summer Camp: A summer camp designed to prepare you for the upcoming fall season. Fine tune the fundamentals in all aspects. We will cover individual skills, team skills, small game play, scrimmaging and specialty skills. We welcome beginners so that we can prepare you for your high school season.



Open to: Incoming 9th-12th Graders	Cost: \$150
Dates: July 12th, 14th, 19th, 21st, 26th & 28th, 2022	Staff: GHS Field Hockey Coaching Staff
Time: 7-9 am	
Location: Grandview Turf Field	Contact: Alexandra Smith asmith4@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

GHS SUMMER FIELD HOCKEY SCRIMMAGE DROP INS CAMP

Program Description: Drop in on Wednesday evenings for summer hockey! We will condition from 5:30-6pm and then play from 6pm-7pm. Returning players will be put into scrimmage groups each day depending on numbers we will play 11v11, 7v7 or 5v5. Incoming freshman will be grouped appropriately. Beginners are welcome & encouraged so that you can be prepared for the upcoming fall season.



Open to: Incoming 9th-12th Graders	Cost: \$75
Dates: June 22nd, 29th, July 13th, 20th & 27th, 2022	Staff: GHS Field Hockey Coaching Staff
Time: 5:30-7:00 pm	
Location: Grandview Turf Field	Contact: Alexandra Smith asmith4@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

GHS PRE-SEASON FIELD HOCKEY CAMP

Program Description: This is a camp to prepare athletes trying out for one of the field hockey high school teams. High school season begins August 8th.



Open to: Incoming 9th-12th Graders	Cost: \$150
Dates: August 1st-5th, 2022	Staff: GHS Field Hockey Coaching Staff
Time: 7:00-9:00 am	
Location: Grandview Turf Field	Contact: Alexandra Smith asmith4@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

GRANDVIEW HIGH SCHOOL

GHS PREPARE TO SUCCEED IN COLLEGE SOFTBALL CAMP

Program Description: Learn from former NCAA DI softball players what you need to know in order to excel in college softball. This camp will combine softball-specific skills and off the field essentials to prepare athletes for the college game. Open to incoming 8th graders, current high school players, and graduated seniors attending college in the fall, come join us as we share the secrets of succeeding at the collegiate level.



Open to: Incoming 8th Graders - Graduated seniors of any school	Cost: \$200
Dates: July 26th-28th, 2022	Staff: Former DI softball players, including: Liz Carter (Boston University) Leslie Garland (Louisville) Melissa Dubay (Boston University) and more to be confirmed!
Time: 10:00 am-12:30 pm	Contact: Liz Carter lizcarter1221@gmail.com
Location: Grandview Varsity Softball Field	
Registration: MileHighSportsCamps.com	

GHS TENNIS CAMP

Program Description:

Registration form due by May 31, 2022 (if interested after due date, please contact Coach Ryan)

Instruction led by experienced coaches and former varsity players

Instruction includes grip, forehand, backhand, serve, return of serve, lob, court positioning, control, form, pace, footwork and strategy

GREAT WAY TO STAY IN TENNIS SHAPE

Beginner: (little to no experience, must have their own racket)

Intermediate: (can keep score, perform the basic strokes of tennis with consistency, knows the rules of tennis, taken lessons and/or participated in scored matches)

Advanced: (Fulfills intermediate requirements and played multiple scored matches and tournaments, can perform strokes with accuracy and strength)



Open to: 3 levels based on skill (beginner, intermediate, and advanced)	Cost: \$115 per session (includes instruction and t-shirt) 10% discount for multiple sessions
Dates: Session 1: June 7-9 Session 2: June 14-16 Session 3: June 21-23 Session 4: July 12-14 Session 5: July 19-21 Session 6: July 26-28	Staff: Jeff Ryan - Over 17 years of high school coaching experience - Head girls and boys varsity coach at Grandview High School
Time: 8:30-10:00 am, Tue, Wed, and Thur	Contact: Jeff Ryan: 303. 859.5756 jryan10@cherrycreekschools.org
Location: Grandview Varsity Softball Field	
Registration: MileHighSportsCamps.com	

GRANDVIEW HIGH SCHOOL

GHS CROSS COUNTRY CAMP

Program Description:



Open to: Incoming Freshmen through Seniors	Cost: \$150
Dates: June 20th-August 5th, 2022	Staff: Grandview Coaching staff
Time: 8:00 am	
Location: Grandview High School Track	Contact: John Walsh, Head Coach
Registration: MileHighSportsCamps.com	gvhsdistance@gmail.com

GHS WOLVES SOCCER CAMP

Program Description: GHS FH Summer Camp: A summer camp designed to prepare you for the upcoming fall season. Fine tune the fundamentals in all aspects. We will cover individual skills, team skills, small game play, scrimmaging and specialty skills. We welcome beginners so that we can prepare you for your high school season.



Open to: Boys & Girls, Going into Grades 8th-12th	Cost: \$85
Dates: July 25th, 26th, 28th, Aug 1st, 2nd, 4th, 2022	Staff: GHS Soccer Coaches
Time: 5:00-7:00 pm	Contact: Alexandra Smith
Location: Grandview High School Soccer Fields	asmith4@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

GHS FOOTBALL OTA'S CAMP

Program Description: Our summer Organized Team Activities (OTA) are essential for Individual and Team success. Players will get stronger, faster, and be taught the offensive and defensive schemes.

Includes summer weights, speed and conditioning and 7on7 work. A majority of the offensive and defensive schemes will also be introduced in this camp.



Open to: June 6th-July 23rd, 2022,	Cost: \$500
Dates: August 1st-5th, 2022	Staff: Grandview Football Staff
Time: JV/Varsity 8:00-11:30 am - Freshman 7:00-9:00 am Every Mon, Wed, Fri and every other Sat.	Contact: Tom Doherty, Head Football Coach
Location: Grandview Weight room, track and practice fields	tdoherty2@cherrycreekschools.org
Registration: MileHighSportsCamps.com	

CHERRY CREEK SCHOOLS

CCSD STEAM! CHILDREN'S THEATRE PROJECT CAMP #1

Program Description: Students will prepare auditions for a musical production chosen specifically to best fit the needs of the participants. After casting, the students will discover scientific solutions to theatrical problems in order to produce a musical performance. Activities will be geared towards specific age groups including mentorship opportunities for high school students. Bring a snack. Both sessions are open to all students- if students choose to stay for Session 2, please bring a lunch.



Open to: All Students, Grades 5-12 (School Year 2022-2023)	Cost: \$250/session
Dates: July 11th-22th, 2022 (Monday-Friday) Evening performance at 6:30 p.m. on July 22nd, 2022	Staff: Jessamyn Miller, Eaglecrest High School Theatre Lauren Inman, Sky Vista STEM Caroline Kerswill, DCIS Theatre Arts
Time: 8:00 a.m.-12:00 p.m.	Contact: Jessamyn Miller - 720-886-1150 jmiller101@cherrycreekschools.org for more information
Location: TBD - Contact Jessamyn	
Registration: MileHighSportsCamps.com Register by July 8th, 2022	

CCSD STEAM! CHILDREN'S THEATRE PROJECT CAMP #2

Program Description: Session 2 will focus on a unique combination of science and theatre; students will create an original production based on the chosen musical from Session 1. Through indoor and outdoor science experiments, play writing basics, and lessons in design, participants will write, design and star in their own production. The final product will be the prologue or epilogue to the musical performance of Session 1. Activities will be geared towards specific age groups including mentorship opportunities for high school students. Please bring a snack. Both sessions are open to all students- if students choose both sessions, please bring a lunch.



Open to: All Students, Grades 5th-12th (School Year 2022-2023)	Cost: \$250/session
Dates: July 11th-22 nd, 2022 (Monday-Friday) Evening performance at 6:30 p.m. on July 22nd, 2022	Staff: Jessamyn Miller, Eaglecrest Theatre Arts Lauren Inman, Sky Vista STEM Caroline Kerswill, DCIS Theatre Arts
Time: 12:30 pm-4:30 pm	Contact: Jessamyn Miller - 720-886-1150 jmiller101@cherrycreekschools.org for more information
Location: TBD - Contact Jessamyn	
Registration: MileHighSportsCamps.com Register by July 8th, 2022	

CCSD STEAM! CHILDREN'S THEATRE PROJECT CAMP #3

Program Description: Get the most out of STEAM! Camp and your summer by participating in sessions 1 AND 2. Session 3 is for students who want to take both sessions and families will receive a discounted rate. Please bring a snack and a lunch.



Open to: All Students, Grades 5-12 (School Year 2022-2023)	Cost: \$450 (Discounted rate for both sessions)
Dates: July 11th-22nd, 2022 (Monday-Friday) Evening performance at 6:30 pm on July 22nd, 2022	Staff: Jessamyn Miller, Eaglecrest Theatre Arts Lauren Inman, Sky Vista STEM Caroline Kerswill, DCIS Theatre Arts
Time: 8:00 am-4:30 pm	Contact: Jessamyn Miller - 720-886-1150 jmiller101@cherrycreekschools.org for more information
Location: TBD - Contact Jessamyn	
Registration: MileHighSportsCamps.com Register by July 9	

1ST ANNUAL SPORTS PERFORMANCE CAMP

Program Description: This camp is designed to provide a comprehensive athletic capsule. Athletes will be tested for speed and agility by Elite Speed through UHealth. Elite Speed will be testing the following areas: Height, Weight, 10-20-40 yard sprints, Broad Jump, 3 Cone Test, & Short Shuttle Drill



A complete printout of the results will be emailed to each athlete so progress can be tracked through development and training.

Each camper will also attend three breakout sessions which will include Mental Strength with Cherry Creek legend and professional athlete Darnell McDonald. A second session will cover Nutrition with Bryan Snyder who is the Director of Nutrition for the Denver Broncos. The third session will be with Bill Pell, owner of Next Gen Athletes, and that session will discuss academics and what the overall college recruitment process looks like and will be catered to age level.

Open to: Athletes Grades Incoming 6th–12th, Boys and Girls	Cost: \$80
Dates: June 4th and 5th, 2022	Staff: Darnell McDonald, Elite Speed at UHealth, Bryan Snyder, Bill Pell, Jason Wilkins AD at Cherry Creek High, Brynn Thomas Assistant AD at Cherry Creek High
Time: Session 1: 8:30-10:30 am Session 2: 9:30–11:30 am pick either June 4 or 5	Contact: Jason Wilkins info@MileHighSportsCamps.com
Location: Stutler Bowl at Cherry Creek High School	
Registration: MileHighSportsCamps.com	



Dedicated to Excellence
Cherry Creek Schools