

SAVE THE DATE!!!



Attention all 4th and 5th Grade Girls and Parents:

Due to COVID, getting our New Haven GOTR up and running for the 21-22 school year has been a bit of a challenge, but I am excited to announce that

GOTR IS Back and Stronger than Ever!

New Haven will have two teams for the upcoming spring season. A 4th grade and 5th grade team. Registration will begin in early January 2022. So don't miss out! The spring GOTR season will begin practices in late February 2022 and end on May 7th, 2022! (This is the day of our celebratory 5k run located in Cincinnati) Stay tuned: more information will come home after Winter Break!

What is Girls on the Run?

Meeting twice a week in small teams, Girls on the Run teaches life skills through dynamic, interactive lessons and running games. The curriculum is taught by certified Girls on the Run coaches and includes three parts: understanding themselves, valuing relationships and teamwork, and understanding how girls connect with and shape the world at large. Girls on the Run is a physical activity, positive youth development program.

What is the commitment? When does the team meet?

Girls gather as a team with volunteer coaches twice per week during the designated season for 75 minutes (1hr and 15mins)

I hope you will consider joining one of the best programs New Haven has to offer....empowerment, self-confidence, positive encouragement and of course wonderful active health benefits. It's just what our girls need! ☺

If you have any questions, please reach out to,
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